Sibley Volcanic Regional Preserve to Tilden Regional Park

Old Tunnel Road Staging/Skyline National Trail/ Lomas Cantadas and Tilden Regional Park and Back

Length: 6.08-mile round trip

Location: Orinda **Intensity:** Moderate



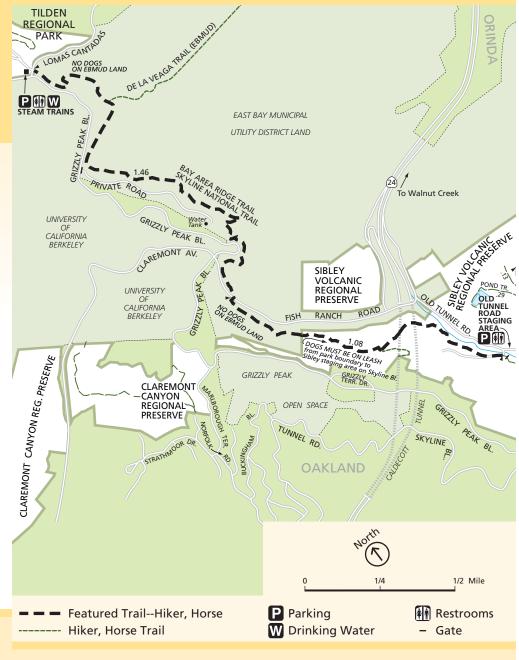
Park Features: Tilden and Sibley were part of the original three parks in the District; the miles of continuous Skyline National Trail in the East Bay Hills was part of the Park District's original vision in 1934 and is still there to enjoy today. Toilets are available at the Old Tunnel Road Staging Area and the Steam Train parking lot at the end of the route; water is only available at the Steam Train parking lot so make sure to bring enough for the trip.

Trail Highlights: This section of the Skyline National Trail provides an amazing parkland experience tucked right in the backyard of the East Bay Hills; if you are really lucky you might even catch a glimpse of a wild bobcat! The entire Skyline National Trail is 31 miles long stretching from Wildcat Canyon Regional Park in Richmond to Anthony Chabot Regional Park just north of Castro Valley; extend your hike any way you like and take advantage of the unique recreational opportunities in each Regional Park along the trail. There is a good balance of covered and uncovered sections of this route so you can enjoy the sun while finding shade to cool off along the way.

Trail Directions: From the staging area, follow the signs for the Skyline trailhead to Tilden Regional Park; a narrow single-track trail runs for 1.08 miles to a crossing at Fish Ranch Road; cross the road safely and enter the gate into EBMUD protected watershed, which does not require a permit while on the Skyline National Trail. Follow the trail switchbacks and continue uphill; stay off the paved roads and continue following the trail behind the EBMUD Berkeley Hills Water Tower. Go left at the fork for EBMUD's De La Veaga Trail to stay on the Skyline National Trail; permits for day or yearly use of EBMUD permit trails are available at the Tilden Nature Area, Redwood Park and Kennedy Grove offices. At the four-way intersection adjacent to Grizzly Peak, continue on the unpaved trail through the gate straight ahead; do not turn right down the hill into EBMUD lands again. The route will emerge from the forest at the intersection of Grizzly Peak and Lomas Contadas, near the Steam Train; help yourself to water and restrooms, then retrace your steps back to Sibley.

Driving Directions: From Highway 24 westbound: Get off at exit 7A for Fish Ranch Road; turn left onto Fish Ranch Road and then right onto Old Tunnel Road; continue down the road and park at the Old Tunnel Road Staging Area.

From Highway 24 eastbound: Get off at exit 7A for Fish Ranch Road; merge slight left onto Old Tunnel Road; continue down the road and park at the Old Tunnel Road Staging Area.



Park Hours: 5 a.m. to 10 p.m.

Fees: None.

Website: www.ebparks.org/parks/sibley